

Run ID	f_s	m (m yr ⁻¹)	d_w (m)
Initial steady-state values in year 1850			
0	1	175	160
Linear forcing: values reached in 2015			
1	1	180	395
2	1	260	370
3	1	340	340
4	2	180	295
5	2	260	275
6	2	340	255
7	3	180	225
8	3	260	210
9	3	340	185
Step forcing: values applied in 1850			
10	2	260	250